

2022-2023

STUDENT ATHLETE PRACTICE AND GAME GUIDELINES

The coaches have assisted in developing the following practices and/or game schedule. If at all possible, please avoid scheduling students into classes at these times. This will help minimize student frustration of missing classes or practices and/or games. Missing class for practice is not recognized as an excused absence.

<p>WOMEN'S BASKETBALL (Coach: Steve Brooks) Fall & Spring</p> <p>Practice M-Th 4 – 6:30pm, F 3-6pm</p> <p>Games Mid-November through Mid-December, 7:00P games. (Fall)</p> <p>Away games (earlier departure).</p> <p>Games January through February. (Spring)</p> <p>Home games usually start at 7:00P.</p> <p>Away games (earlier departure).</p>	<p>MEN'S BASEBALL (Coach: Todd Bacon) Fall & Spring</p> <p>Practice 3:00P-5:30P daily (Fall)</p> <p>Practice 6-7:30A & 3:30-5:30P Monday, Wednesday and Friday. (Spring)</p> <p>Games Thursdays, Fridays and Saturdays/Sundays.</p> <p>Home games usually start at 2:00P, a few at 4:00P.</p> <p>Away games usually start at 2:00P (earlier departure).</p>
<p>WOMEN'S CROSS COUNTRY (Coach: Mike Holman) Fall</p> <p>Practice M-F 6:30A-9:00A & 3:30-6P</p> <p>Meets Fridays & Saturdays, August through November</p>	<p>MEN'S BASKETBALL (Coach: Scott Heady) Fall & Spring</p> <p>Practice M – F 3:30P – 5:30P OR 5:30-7:30P</p> <p>Games Generally after 6:00P on weekdays or on weekends.</p> <p>(Weekday away games, departure varies between 11am-2pm).</p>
<p>WOMEN'S GOLF (Coach: Daniel Stanjevich) Fall & Spring</p> <p>Practice after 3pm daily</p> <p>Matches All day events, leaving before 9A</p> <p>Matches from August thru October and February to May</p>	<p>MEN'S CROSS COUNTRY (Coach: Mike Holman)</p> <p>Fall</p> <p>Practice M-F 6:30A-9:00A & 3:30-6P</p> <p>Meets Fridays & Saturdays, August through November</p>
<p>WOMEN'S SOFTBALL (Coach: Scott Fleming) Fall & Spring</p> <p>Practice MTWR 3:30P-5:30P, F 3:00P-5:00P (Fall)</p> <p>Jan – Feb Sundays 7-9P, MWTh 5:30-7:30P, Tu 3:30-5:30P</p> <p>Practice When no games are scheduled 3:30P (Spring)</p> <p>Games March - May – mostly during the week, game at 3:00P. Leave at noon for away games</p>	<p>MEN'S GOLF (Coach: Stephen Ford) Fall & Spring</p> <p>Practice T – 12NN, MWRF – after 2:30P</p> <p>Matches Fall - Tournaments to be played from August through October. Spring tournaments to be played March until mid-May.</p>
<p>WOMEN'S SOCCER (Coach: Justin Sullivan)</p> <p>Fall Practice – M,W,TH,F 6:30-8:30am; Tuesday 6-7:30am</p> <p>Games - Most games start around 7:00pm.</p> <p>Spring Practice - Refer to MUHUB class schedule.</p>	<p>MEN'S SOCCER (Coach: Mark Castro) Fall & Spring</p> <p>Practice Monday-Friday 6-8p</p> <p>Weight Training: Monday-Thursday 5-6p</p> <p>Games Fall: Matches played or travel begins after 12pm on Tues/Wed/Sat.</p> <p>Spring: Played on weekends or as allowed</p>
<p>WOMEN'S TENNIS (Coach: Tyler Scanlan)</p> <p>Fall & Spring</p> <p>Practice Refer to MUHUB (practice is scheduled as a class)</p> <p>Matches Weekday matches vary between 1P, 3P, & 4P (conference rules require us to start at 1P & 3P during the 2018-19 season). Away matches require earlier departure. Matches will alternate each week in fall. One match on Tuesday. The next week, match on Wednesday. September Tournament in fall (begins Thursday and ends Saturday).</p>	<p>MEN'S TENNIS (Coach: Steve Mackell)</p> <p>Fall & Spring</p> <p>Practice Refer to MUHUB (practice is scheduled as a class)</p> <p>Matches Weekday matches vary between 1P, 3P, & 4P (conference rules require us to start at 1P & 3P. Away matches require earlier departure. Most matches on Tues. /Thurs., September Tournament in fall (begins Thursday and ends Saturday).</p>
<p>WOMEN'S TRACK (Coach: Mike Holman)</p> <p>Winter Practice M-F 3:30-6P</p> <p>Winter Meets Fridays & Saturdays, December to March</p> <p>Spring Practice M-F 3:30-6:30P</p> <p>Spring Meets Fridays and Saturdays, December through May</p>	<p>MEN'S TRACK (Coach: Mike Holman)</p> <p>Winter Practice M-F 3:30-6P</p> <p>Winter Meets Fridays & Saturdays, December to March</p> <p>Spring Practice M-F 3:30-6:30P</p> <p>Spring Meets Fridays and Saturdays, December through May</p>
<p>WOMEN'S LACROSSE (Coach: Allie Storke)</p> <p>Fall Practice: M-S mornings 6-8am with workouts 3 days/week in evenings.</p> <p>Spring Practice: M-F afternoon/evenings and Saturday</p> <p>Games (Spring): mid-February through early May. Games on Wednesdays and weekends.</p>	<p>MEN'S FOOTBALL (Coach: Mark Henninger)</p> <p>Fall</p> <p>In Season: August thru November</p> <p>Practice - Refer to MUHUB (practice is scheduled as a class)</p> <p>Monday- off except 8/29, 9/12, 10/31</p> <p>Fridays – Travel day if playing away – departure times range from 10am – 3pm</p> <p>Saturdays – games played anywhere from 11am to 2pm</p> <p>Spring Football – Last two weeks of March and first three weeks of April – Refer to MUHUB (practice is scheduled as a class)</p>
<p>COMPETITION CHEERLEADING (Coach: Jena Robinson)</p> <p>Fall & Spring</p> <p>Tuesday & Thursday from 6:30-9:30p</p> <p>Games: Cheerleading competitions. All football and basketball home games.</p>	<p>WOMEN'S VOLLEYBALL (Coach: TBD)</p> <p>Fall: 2:30-6p</p> <p>Spring: Practice 2-4p</p> <p>Games - Most conference games are on Wednesdays, Fridays, and Saturdays. Tournaments are on most weekends. Departure times will vary throughout the season but mostly between 1-2pm. On tournament days (Fridays), team could leave as early as 8am. Weekday games will occur mostly at 7pm.</p>

<p>DANCE TEAM (Coach: Tamara Ammons-Jones)</p> <p>Fall & Spring</p> <p>Practice: T/Th/F 6-10p</p> <p>Games: All home football, m/w basketball games, requested conference and/or championship games</p> <p>Dance Competition - Weekend competitions</p>	<p>MEN & WOMEN'S BOWLING (Coach: Jordan Gray & Jerracah Heibel)</p> <p>Fall & Spring</p> <p>Try to avoid classes between 2 and 6pm.</p> <p>Tournaments are typically Friday-Sunday.</p>
<p>MEN'S WRESTLING (Coach: Steven Bradley)</p> <p>Fall & Spring</p> <p>Practice 2P start time or after</p> <p>Games November through March – Mostly Saturday competitions, could have some on a Friday or Sunday. One or two competitions may require leaving times around 12pm on a Friday.</p>	<p>MEN'S RUGBY (Coach: John Harley)</p> <p>Fall (August-December)</p> <p>Practices M-F 5:30-7p</p> <p>Team training 3 days a week (time and day yet to be determined) will be after 3:30pm</p> <p>Fri could also be a travel day for away matches departing 12-3pm</p> <p>Matches on Saturday</p> <p>Spring (January-May)</p> <p>Team training 3 days a week (time and day yet to be determined) (February-May)</p> <p>Practices Tues, Thurs and Fri 5:30-7pm</p> <p>Matches on Saturday</p>
<p>MEN & WOMEN'S CYCLING (Coach: John Hoopingarner)</p> <p>With all disciplines, there will be additional hours of practice and cycling in small groups/rides that will occur outside of formal "team practice" time. Racing dates may be added/changed to allow for proper rider development and scheduling to prepare the team for the national championships at the end of each season. Some riders will go to all races posted below, some riders will go to races outside of the listed team schedule.</p> <p>Fall - 2022</p> <p>Track Season August 8th – September 10th</p> <ul style="list-style-type: none"> - M,T,W,F - 5:45am-7:45am and 3-6pm - Saturday and Sunday, specific to rider disciplines, TBD - Team Races – August 11, 16, 18, 19, 20, 21, 25, September 1 <ul style="list-style-type: none"> o Riders report to Velodrome at 5pm on race days, racing 7pm-9pm - Track Nationals, September 8-9-10 2022, Indianapolis, IN <p>BMX Fall season – August 15-November 27th</p> <ul style="list-style-type: none"> - Tuesday and Thursday @ Indy Cycloplex, 6pm-8pm - Team Races (There is the possibility for more races, Full schedule TBD) <ul style="list-style-type: none"> o Derby City BMX, Sept. 1st-4th <p>MTB Season August 15-October 12th</p> <ul style="list-style-type: none"> - Tuesday, Dual Slalom Practice @ Indy Cycloplex, 3-6pm - Wednesday, Team Practice, 3-9pm (any 2-3hrs during this window) - Travel for races – Thursday or Friday (travel may begin between 8am and 4pm) - Team Races – including travel days (There is the possibility for more races, full schedule is TBD) <ul style="list-style-type: none"> o Southwest Way park MTB - August 21st o Fat Tire Festival – Sept. 1-5th o Lindsey Wilson MTB – Sept. 15-18th o Lees-McRae MTB – Sept. 22nd-26th o Lindenwood MTB – Sept. 29th- October 2nd - MTB Nationals, October 11-17 2022, Durango, CO <p>Cyclo-cross Season September 1-December 12th</p> <ul style="list-style-type: none"> - Tuesday – 3:30-6:30pm - Wednesday – 4-8pm - Team Races (There is the possibility for more races, full schedule TBD) <ul style="list-style-type: none"> o Kings CX – Oct. 21-23 o MARIAN HOME RACE - Major Taylor Cross Cup – October 29-30 o Hendersonville CX – November 18-20 - CX Nationals, December 6-12 2022, Hartford, CT 	<p>MEN & WOMEN'S CYCLING CONT'D (Coach: John Hoopingarner)</p> <p>With all disciplines, there will be additional hours of practice and cycling in small groups/rides that will occur outside of formal "team practice" time.</p> <p>Racing dates may be added/changed to allow for proper rider development and scheduling to prepare the team for the national championships at the end of each season. Some riders will go to all races posted below, some riders will go to races outside of the listed team schedule.</p> <p>Spring - 2023</p> <p>ROAD Season November 1 – May 14th</p> <ul style="list-style-type: none"> - Tuesday - Team Time Trial Practice -4-6pm - Wednesday – Crit Practice – 3:30-7:30pm - Team Races – Full Schedule is TBD <ul style="list-style-type: none"> o Team Home Race TBD - Road Nationals, Late April-Early May, typically during Exam week or Graduation weekend, (Location TBD) 2023 <p>BMX Season January 1 - Nationals</p> <ul style="list-style-type: none"> - Monday – Gates 4pm-8pm, indoors in Clare basement - Tuesday – travel to indoor facilities 3:30pm-10pm - Wednesday and Thursday – group practice at Indy Cycloplex 4pm-6pm - Friday – travel to indoor training facilities 3:30pm-11:30pm - Team races – Full Schedule is TBD - BMX Nationals: March or April 2023 (location TBD)
<p>GAME DAY CHEERLEADING (Coach: Aly Vonier)</p> <p>Fall & Spring</p> <p>Tuesday & Thursday from 6:30-9:30p</p> <p>Games: Cheerleading competitions. All football and basketball home games.</p>	

NAIA Eligibility Regulations Summary

_____ is a participant in intercollegiate athletics at Marian University. In addition to meeting academic requirements that all students at Marian University must meet, student athletics must also meet the following NAIA eligibility requirements:

A student-athlete must:

- ✓ Make normal progress toward a recognized baccalaureate degree.
- ✓ Maintain a total cumulative GPA of 2.000 on a 4.000 scale.
- ✓ Be identified and enrolled in a minimum of 12 institutional credit hours at the time of attendance.
- ✓ Be enrolled in at least 12 credit hours to participate in an NAIA sport during their seasons of competition.
- ✓ After completion of the second term of attendance and from then on, have accumulated a minimum of 24 institutional credit hours in the two immediately previous terms of attendance. No more than 12 institutional credit hours earned during summer and/or during non-terms may be applied to meet the 24 credit hour requirement.
- ✓ Not count repeat courses previously passed in ANY term toward the 24 credit-hour rule.
- ✓ Be within the first 10 semesters of attendance as a regularly enrolled student.

Participation:

- ✓ To participate in a second sport season, a student-athlete must have accumulated at least 24 total earned hours.
- ✓ To participate in a third sport season, a student-athlete must have accumulated at least 48 total earned hours.
- ✓ To participate in a fourth sport season, a student-athlete must have accumulated at least 72 total earned hours.
- ✓ A student may not participate in any one sport for more than four seasons.

Transfer Students:

- ✓ See Dr. Jeff Kauffman, Faculty Athletic Representative, for additional academic, eligibility, and residency regulations that apply to transfer students.

Any pertinent information concerning a student athlete's class attendance or academic progress will be sincerely appreciated by the athletic department. Thank you for your assistance and please feel free to call Dr. Jeff Kauffman at X6348 if you have any questions or wish to discuss the academic progress of this student-athlete.

PLEASE KEEP THIS DOCUMENT IN THE STUDENTS' ADVISING FILE