

## **Marian University COVID-19 Guidelines**

*January 2022*

These guidelines apply to all Marian University campuses and locations, including the Indianapolis campus, the Marian University's Ancilla College (MUAC) campus, and the 86<sup>th</sup> Street Indianapolis, Nashville Tennessee and Oklahoma City, Oklahoma Leighton School of Nursing locations. Local guidelines may differ, and will be addressed on a case-by-case basis.

### **What is COVID-19?**

COVID-19 is a contagious respiratory illness caused by a new coronavirus called SARS-CoV-2. People with COVID-19 sometimes have a cough, fever, feel like it's hard to breathe, or even lose their sense of taste or smell. Other symptoms include congestion or runny nose, diarrhea, headache, nausea or vomiting, muscle pain or fatigue, sore throat or chills. Symptoms range from mild to severe and may appear 2-14 days after exposure.

### **Marian University's Response**

Marian University is responding to the COVID-19 pandemic by working to ensure that students will continue to receive a high-quality education in an environment that is as safe as possible for them and for our faculty, staff, and visitors.

As a community, we were successful managing the COVID-19 pandemic through the 2020-2021 academic year, and through the fall 2021 semester. This document outlines the policies and procedures that will, again with the cooperation of the entire Marian University community, allow us to do this again as we begin the Spring 2022 semester.

As the situation in Indiana and across the country develops, Marian University will continue to review and adjust policy and guidance based on the latest public health information, regulatory guidance, and peer best practices. Marian University is using guidance from the Centers for Disease Control (CDC), the Indiana Department of Health (IDOH) and its own medical advisory group to develop policies, protocols and processes to address the COVID-19 pandemic. We also coordinate regularly with the other members of the Independent College of Indiana (ICI) to share best practices, updates and challenges. Regular updates for the Marian University community are provided via the Knight Care emails and the weekly Campus Shield reports. New information also will be posted on the Marian University website at [marian.edu/knightcare](http://marian.edu/knightcare).

Marian University remains committed to our mission as a great Catholic university, to our vision of educating transformational leaders for service to our evolving world, and to our Franciscan sponsorship values of dignity of the individual, peace and justice, reconciliation, and responsible stewardship. We encourage the Marian University community to think about what it means to be a responsible steward when following guidelines that promote health and safety, including getting vaccinated, washing hands, distancing from others and wearing masks when

appropriate. You'll stand out as a leader who cares for your peers, colleagues, and the community.

### **EVERYONE is Responsible for the Safety of Our Community**

Keeping the Marian University community safe is the responsibility of everyone—students, faculty, staff, alumni, trustees, and guests. Everyone is expected to follow these guidelines and make sure others do too.

### **Vaccines Are the Best Protection Against COVID-19**

**Everyone in the Marian University community is strongly encouraged to be vaccinated to protect themselves and others.**

The three COVID-19 vaccines available in the U.S.—Pfizer, Moderna and Johnson & Johnson—are very effective in preventing serious illness and death from the COVID-19 virus, including variants like the Delta variant. The U.S. Conference of Bishops has recommended that Catholics choose the Pfizer or Moderna vaccines when possible.

<https://www.usccb.org/news/2020/us-bishop-chairmen-pro-life-and-doctrine-address-ethical-concerns-new-covid-19-vaccines>

The U.S. Conference of Bishops' Committees for Doctrine and Pro-Life Activities and the Vatican's Congregation for the Doctrine of the Faith have declared that the use of COVID-19 vaccines is a necessary means of ending this pandemic and its threat to the lives and well-being of countless persons, communities, and faithful across the globe. Catholics are called to promote the common good and to have a special regard for the young, the elderly, the infirmed, and the impoverished, who are disproportionately affected by the ubiquity of this disease. You can find more information about these statements on the KnightCare page of the Marian University website, [marian.edu/knightcare](http://marian.edu/knightcare).

### **Proof of Vaccination or Exemption is Required for Specific Students**

Students engaged in the following activities are **required** to provide proof of **full** vaccination (i.e. 2 weeks after the 2<sup>nd</sup> dose of Moderna or Pfizer or the single dose of Johnson and Johnson) **which includes a booster shot when eligible** (2 months following the Johnson & Johnson vaccine or 5 months following the 2<sup>nd</sup> Pfizer or Moderna vaccine) or an approved vaccine exemption:

1. **Student-athletes:** All Marian University student-athletes are required to provide proof of vaccination or an approved exemption to their coach before they will be allowed to practice, train, travel, or compete with their team(s).
2. **Students participating in the performing arts:** All Marian University students participating in the performing arts on campus (including but not limited to theater, band, and choir) are required to provide proof of vaccination or an approved exemption to the faculty or staff member leading their performing arts group before they will be allowed to rehearse, practice, travel, or perform with their performing arts group.
3. **Students studying abroad/away:** All Marian University students studying abroad or away are required to provide proof of vaccination or an approved exemption to the faculty or staff member leading their study abroad/away experience before they can travel to their off-campus destination.
4. **Students participating in clinical activities in the Leighton School of Nursing or the College of Osteopathic Medicine:** Because the university's clinical partners are

requiring proof of vaccination or exemption, all students in the Leighton School of Nursing and College of Osteopathic Medicine are required to provide proof of vaccination or an approved exemption prior to any clinical exposure or placement.

**Proof of vaccination:** Acceptable proof of vaccination is a vaccine card issued by the vaccine provider showing proof on both doses of the Moderna or Pfizer vaccine or one dose of the Johnson & Johnson vaccine (AND a booster when eligible—see above) OR the certification document available from most states. In Indiana, the certification can be obtained [here](#). Prior to January 1, 2022, student-athletes may also use the form provided by your coach or the athletic trainers to demonstrate proof of vaccination. After that date, student-athletes who receive a vaccine or booster must submit a vaccine card or state certification.

**Proof of exemption:** Students may request an exemption from the vaccine requirement for religious or medical reasons by submitting the exemption request form found at [marian.edu/knightare](http://marian.edu/knightare) to [vaccine@marian.edu](mailto:vaccine@marian.edu). Students who receive an approved exemption will be provided with a form that constitutes proof of the exemption. Students who receive a vaccine exemption will be required to undergo periodic COVID-19 testing and will be expected to maintain appropriate COVID-19 mitigation measures such as physical distancing and masking. **Exemptions granted for the fall 2021 semester will remain in effect for the spring 2022 semester.**

Faculty and Staff are Strongly Encouraged to be Vaccinated

**All Marian University faculty and staff are strongly encouraged to be fully vaccinated for their health and the health and well-being of others.** Proof of vaccination is not required for any faculty or staff at this time as noted below.

Faculty or staff leading a study abroad/away experience in Spring or Summer 2022 are required to prove that they are fully vaccinated.

### **Wearing a Mask Protects You and Others**

Because of the current prevalence of the highly contagious Omicron variant of the COVID-19 virus in Indiana, **face masks (covering the nose and mouth) are required to be worn on campus in classrooms and academic spaces such as labs, and for other large indoor gatherings such as Mass, events in the Marian University Theatre or Arena, large spaces at MUAC, Marian Indianapolis, 86<sup>th</sup> Street, Nashville and Oklahoma City, and lectures or performances open to the general public.**

**This requirement will be in place from January 7 through January 31, 2022.** This requirement will be reevaluated and may be removed based on two primary factors:

1. The prevalence of COVID-19 in Indiana and in Marion and Marshall counties; and
2. The number of students, faculty and staff in isolation or quarantine.

This requirement may change again during the semester as conditions warrant, based on the guidance from the CDC, the Indiana State Department of Health, the Marion County

Department of Health, the Marshall County Department of Health, and Marian University's medical advisory team. **All members of the Marian University community are expected to pay attention to university communications, such as KnightCare emails, to stay informed about new or extended deadlines for mask mandates and other COVID mitigation measures.**

Current CDC guidelines recommend that both vaccinated and unvaccinated people wear a mask in public indoor spaces. Persons with high risk factors, or who live with or care for high risk persons or children who cannot be vaccinated are encouraged to wear masks whenever you are with others if physical distancing is not possible. Unvaccinated persons are required to wear masks whenever they are with other people if physical distancing is not possible.

Disposable masks (including N95 masks) are available through department supply liaisons for faculty and staff, through the Student Health Center for students, and in the Office of Campus Safety in the Norman Center for everyone. At the MUAC campus, masks are available at the Admissions office, at the Health Center office, from the Director of Residential and Commuter Life and from the Lead for Student Success and Engagement. At other locations, ask the site coordinator.

If you require an accommodation from this requirement for health reasons, religious concerns, or other special circumstances, students should contact the Office of Academic Support Services, and faculty and staff should contact the Office of Human Resources.

When you see members of the community doing the things that keep us safe—wearing a mask, physical distancing, using hand sanitizer—let them know you appreciate their efforts!

If you see someone not wearing a mask where required, please gently/kindly:

- On the Marian Indianapolis, 86<sup>th</sup> Street, Nashville or Oklahoma City campus, remind them to “Mask Up, Knights!”
- On the MUAC campus, remind them to “Mask Up Chargers!”
- Ask them if they have a mask. If not, tell them where they can get one or offer to get one:
  - on the Marian Indianapolis campus in the Office of Human Resources in Marian Hall or at the Office of Campus Safety/Marian University Police Department in the Paul J. Norman Center;
  - at MUAC from the Admissions Office, from the Health Center office, at the Office of the Director of Residential and Commuter Life and at the Office of the Lead of Student Success and Engagement;
  - at the 86<sup>th</sup> Street campus, in Nashville and in Oklahoma City ask the site coordinator.

If you see someone wearing a mask—but not covering the area from their nose to their chin, please gently/kindly:

- Remind them that a mask needs to be covering your nose and chin, otherwise it is the same as not wearing a mask.
- If their mask is too big, they can get one at the places listed above.
- Thank them!

**Be kind.** While we've learned a lot from the last 22 months, none of us have lived through a pandemic before, and the guidelines are sometimes confusing and are changing rapidly. If gentle and kind reminders do not change behavior, contact Amy Koch in the Office of Human Resources regarding uncooperative faculty and staff; Karen Candlish, the dean of students, regarding uncooperative students in Indianapolis, 86<sup>th</sup> Street, Nashville or Oklahoma City; and Jean Wolfe, Student Engagement Team Lead at MUAC.

### **Physical Distancing Can Protect You and Others**

Because COVID-19 is a respiratory virus, increasing the physical distance between you and other people when possible can add to your protection and theirs.

### **General Personal Health and Safety Procedures**

Masks and hand sanitizer will be available to all students, faculty, and staff in many areas on all campuses. Faculty and staff can secure supplies from their department's supply liaison. Hand sanitizer stations are available in several locations on all campuses for the benefit of students, faculty, staff and visitors.

Please follow these best practices to help prevent the spread of COVID-19 and all respiratory viruses:

- Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, use an alcohol-based hand sanitizer (available in many locations across campus).
- Avoid touching your eyes, nose, and mouth with unwashed hands.
- Avoid close contact with people who are sick.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash, or use the inside of your elbow to block your cough or sneeze.
- Clean and disinfect frequently touched objects and surfaces.
- Maintain at least six feet of distance between yourself and others wherever possible.
- Wear a face mask in public areas indoors and outdoors where physical distancing is not possible.

### **Best Practices for Hand-Washing**

As you wash your hands, follow these five steps to make sure your hands are clean:

1. Wet your hands with clean, running water (warm or cold) and apply soap.
2. Lather your hands by rubbing them together with the soap. Lather the backs of your hands, between your fingers, and under your nails.
3. Scrub your hands for at least 20 seconds. Need a timer? Hum "Happy Birthday" from beginning to end twice.
4. Rinse your hands well under clean, running water.
5. Dry your hands using a clean towel or air dry them.

If soap and water are not readily available, you can use an [alcohol-based hand sanitizer](#) that contains at least 60 percent alcohol. Hand sanitizers can quickly reduce the number of germs on hands in many situations. However, hand sanitizers do not get rid of all types of germs and may not be as effective when hands are visibly dirty or greasy. They also might not remove

harmful chemicals from hands like pesticides and heavy metals. You should wash your hands as soon as you have access to soap and water.

### Best Practices for Physical Distancing

Students, faculty, staff, and visitors on all campuses are expected to maintain appropriate physical distancing when possible in order to reduce the risk of being exposed to or spreading COVID-19. This includes precautions such as:

- Maintaining at least a distance of six feet (about two arm lengths) from other people whenever possible.
- Avoiding crowded places and mass gatherings, especially indoors and where mask wearing and physical distancing are not in place consistently (including restaurants and other hospitality venues).
- Avoiding those who appear to be demonstrating symptoms of COVID-19 such as coughing.

### Best Practices for Face Masks

To help reduce the spread of COVID-19, the [Centers for Disease Control and Prevention \(CDC\)](#) recommends wearing a [face mask](#) to not only protect yourself, but the people around you. Face masks are recommended as a simple barrier to help prevent respiratory droplets from traveling into the air and onto other people when the person wearing the face mask coughs, sneezes, talks, or raises their voice.

The CDC warns that people (vaccinated AND unvaccinated) who are not experiencing symptoms of COVID-19 can still be infected without knowing it and can spread the virus. This is why it is especially important to wear a face mask in public settings and when physical distancing is difficult.

The CDC recommends [these steps to follow](#) when putting on and wearing a face mask:

- Wash your hands before putting on your face mask.
- Put it over your nose and mouth and secure it under your chin.
- Try to fit it snugly against the sides of your face.
- Make sure you can breathe easily.
- Don't put the covering around your neck or up on your forehead.
- Don't touch the face mask, and, if you do, wash your hands.

Taking off a face mask:

- Untie the strings behind your head or stretch the ear loops.
- Handle only by the ear loops or ties.
- Fold outside corners together.
- Place covering [in the washing machine](#).
- Be careful not to touch your eyes, nose, and mouth when removing and wash hands immediately after removing.
- Reusable masks should be washed and disposable masks discarded after each use.

### Cleaning, Disinfection, and Hygiene Protocols and Supplies

Our campus partners, including Aramark and Sodexo, along with campus maintenance and facility staff are taking a highly professional approach to cleaning and sanitizing our campuses and are working diligently to ensure that academic, residential, athletic, and common areas on all campuses are regularly cleaned before and after activities or events.

Campus operations on all campuses have increased the frequency for cleaning of shared bathrooms and high-touch areas. Classrooms and other shared spaces will be cleaned at least once a day.

Classrooms and other shared spaces are equipped with cleaning supplies. Everyone using these spaces is encouraged to clean their area(s) of use (e.g. desk or table) personally before each use to supplement the daily deep cleaning by facilities staff.

Faculty and staff should regularly clean their personal work areas, with special attention to telephones, keyboards, mouse and other high-touch items or areas. Cleaning supplies can be secured from the supply liaison for your campus.

#### For faculty and staff:

- Face masks, hand sanitizer, and other supplies are available for distribution to campus buildings through the building or department supply liaison for your campus. Schools/departments should not order their own supplies.
- Special cleaning needs should be submitted through your campus' Work Order system.
- Special requests for additional COVID-19-related supplies or facility modifications should be emailed to [facilities@marian.edu](mailto:facilities@marian.edu). Please do not submit special requests through your campus' Work Order system.

### **Academic Issues**

#### Class Attendance

The 2021-22 academic year will prioritize in-person classes and academic experiences. However, faculty have prepared all courses with sufficient flexibility and adaptability to enable them to accommodate students who are in quarantine or isolation and to transition effectively during the semester to online instruction and back to on-campus instruction if conditions on our campus and in our community warrant such changes. As noted above, students will be expected to wear face masks/shields during in-person class sessions at the beginning of the semester, with some very limited exceptions. If you have questions or concerns about your ability to persist in your classes because of a COVID-19 situation or for any other reason, contact your faculty.

#### Academic Calendar

The 2021-22 academic calendar includes all regularly scheduled breaks and starts and ends on a traditional timeline. The full academic calendar can be found on the Marian University website: <https://www.marian.edu/academics#Academic>

#### Student Support Services



Many student support services offer virtual, as well as in-person services. For in-person services, advance appointments are strongly preferred. Contact the specific office for details.

### Internships, Work Study, Clinical Experiences

Students are encouraged to participate in internships if appropriate safety protocols are in place. Students will be expected to comply with all Marian University's COVID-19 guidelines, as well as any additional requirements of their employer or internship partner. Necessary safety equipment and supplies will be provided by Marian if not provided by the employer or internship partner.

Similarly, clinical experiences are encouraged as long as appropriate safety protocols are in place. Students will be expected to comply with all Marian University's COVID-19 guidelines, as well as any additional or more stringent requirements of the clinical partner. Necessary safety equipment and supplies will be provided by Marian if not provided by the clinical partners.

### Dining Services

On the Marian Indianapolis campus:

- The Dining Commons will offer regular options. Both dine-in and carry-out is available.
- Outdoor seating is plentiful and heaters have been installed in many outdoor dining spaces to allow use in early spring when temperatures are low.
- Appropriate personal protective equipment (PPE) and precautions will be in place for all dining staff.
- Plexiglas and other appropriate barriers have been installed as needed for cashiers.
- Starbucks will be open for dine-in and carry-out. Orders can be placed in person at Starbucks or via the Dining Sidekick app.
- Subway will be open for dine-in and carry-out with limited seating in the Norman Center. Orders can be placed via the Dining Sidekick app.

Regular dining updates can be found at [marian.edu/dining](https://marian.edu/dining).

On the MUAC campus:

- Zirkle Commons will offer regular service. Both dine-in and carry-out is available.
- Appropriate personal protective equipment (PPE) and precautions will be in place for all dining staff.
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Regular dining updates can be found at <https://ancillaofmarian.sodexomyway.com/#>.

### Mail Services

On the Marian Indianapolis campus:

#### For faculty and staff:

Access to the mailroom lobby is limited to allow for physical distancing. The mailroom staff will instruct you on the process to pick up your packages. Please avoid using the door to the dock for picking up packages, as this makes physical distancing difficult and security a challenge. Any outgoing mail will be picked up from a centralized location based on your building or



dropped off in the baskets in the mailroom lobby during operating hours. Mailroom use should be reserved for business purposes only.

For students:

United States mail will be delivered by a member of the residential life staff to individual student mailboxes. Packages will be delivered via the campus package lockers (Pack City) located near the Dining Commons in Clare Hall. Package recipients will be notified via an email to their Marian University email. The email contains package retrieval information and directions. Packages that are in the locker longer than 4 days or are not able to go into the locker due to size or volume will be kept in the mailroom. Access to the mailroom lobby is limited to allow for physical distancing. Please wait in the hall if someone is being helped in the lobby. The mailroom staff will instruct you in the steps to pick up a package. If you are in quarantine or isolation on campus and need your package that has been delivered that can be arranged through emailing [housing@marian.edu](mailto:housing@marian.edu).

On the MUAC campus:

For faculty and staff:

Access to the copy, postage, fax machine and mailbox area is to be limited to one person at a time to maintain social distancing. Sanitizer is available.

For students:

United States mail, including packages, will be delivered to residence hall rooms using appropriate social distancing and safety measures.

**Campus Ministry Guidelines for Public Worship and Use of Chapel Space**

Marian University follows the guidelines of the Archdiocese of Indianapolis and the Archdiocese of Fort Wayne as well as guidance from the CDC, the Indiana State Department of Health, Marion County Department of Health, Marshall County Department of Health and Marian's medical advisors.

Masks Are Required: For the health of the Marian University community, all public worship services require the proper wearing of masks (covering mouth and nose) and physical distancing when possible. Masks also are required upon entrance of all chapels for group prayer. Masks will be available at the entrance to all chapels if needed.

On the Indianapolis campus, if you want to reserve any chapel, please schedule with Lesley Bartone, [LBartone@marian.edu](mailto:LBartone@marian.edu).

Physical Distancing is Encouraged: When possible, we encourage physical distancing in the chapels.

Hand Sanitizing is Recommended: Hand sanitizer will be provided at entrance of all chapels. It is recommended that all who are receiving use hand sanitizer before receiving communion and upon departure from Mass.

## Mass

Mass schedules and details for the Indianapolis campus can be found at [events.marian.edu](https://events.marian.edu). All Campus Masses in Indianapolis will be live streamed on Marian University Facebook page and on all screens on campus, and all Marian University students, faculty and staff are invited to participate.

Mass schedules and details for MUAC will be communicated to the students, faculty and staff at MUAC as needed.

## Private Prayer

All chapels are available for private prayer. We recommend that masks be worn and physical distancing maintained.

## Daily Virtual Prayer Service

A virtual prayer service is conducted at 8:45 a.m. daily Monday-Friday via WebEx: <https://mu.webex.com/mu/j.php?MTID=mfedef0c7c1f982621c3acb1f0e4c79bc>

## **Protocols for Programs and Campus Events**

*These guidelines may change based on CDC recommendations.*

- Events and group gatherings on all campuses must follow the [CDC Coronavirus Disease Guidelines](#) and Marian University guidelines, policies, and procedures.
- To protect themselves and others, participants are encouraged to wear face coverings in all public/shared indoor areas except when participants are consuming food and beverage.
- Event planners should have extra masks available at the event.
- Hand sanitizer and cleaning supplies must be readily available at all events. Event planners must coordinate with campus operations for housekeeping and trash removal needs at least two weeks in advance of the event.
- Events that are contactless are preferred.
- Indoor campus events may be limited in participation size to allow for physical distancing.
- Guests are allowed on campus for scheduled events, but need to follow all guidelines.
- Events that require pre-registration are preferred to ensure appropriate set-up.
- Contactless registration and check in are preferred. Consider using Connect for RSVPs.
- Organizers need to consider accessibility for participants.
- Use single use items (for example, pens) when possible.
- Limit handouts and materials.
- When planning events, ensure there is an option available to ensure participants who are still not yet comfortable in these situations or have a compromised immune system have a safe way to participate.
- Event organizers are encouraged to keep track of attendance should there be a need to track participants for health reasons. This list should be maintained by the event organizer for no less than 60 days after the event.
- Provide speakers or guests with Marian's COVID-19 guidelines and expectations in advance of the event.

- Events that include food service need to be carefully coordinated with ARAMARK to ensure compliance with Marion County food and beverage regulations on the Indianapolis campus and with SODEXO to ensure compliance with Marshall County food and beverage regulations at MUAC.
- All food must be provided by Aramark (Indianapolis) or Sodexo (MUAC) unless alternative arrangements have been made at least 3 weeks in advance.
- A written event plan is required for all events for more than 10 people.
- For faculty and staff planning events, event plans must be approved by Katie Smith at least 30 days prior to the event date.
- For students planning events, event plans must be approved at least 14 days prior to the event date. Events will be approved by the following staff members:
  - Events led by Marian University Indianapolis undergraduate students – Sarah Balana Molter;
  - Events led by MUAC undergraduate students – Sarah Balana Molter in collaboration with appropriate MUAC staff
  - Events led by resident assistants – Office of Residential and Commuter Life Professional Staff
  - Events in Indianapolis led by graduate and COM students – Asia Hudson

## **Health Services**

### COVID-19 Symptoms

Symptoms of COVID-19 include the following:

- Fever or chills OR
  - Cough OR
  - Shortness of breath
- AND
- Fatigue OR
  - Muscle or body aches OR
  - Headache OR
  - New loss of taste or smell OR
  - Sore throat OR
  - Congestion or runny nose OR
  - Nausea or vomiting OR
  - Diarrhea

**NOTE:** according to some reports, infections with the Omicron variant may not include fever as a symptom, so if you have any of these symptoms, check with your health provider to determine if you should be tested for COVID-19.

*On the Indianapolis campus (including the 86<sup>th</sup> Street location):*

### Student Health Center

The Student Health Center provides services to students only. Services can be provided only by appointment. An appointment can be made at (317) 955-6154.

Students (vaccinated AND unvaccinated) who are experiencing symptoms of COVID-19, or who reasonably believe they have been exposed to someone with COVID-19 are encouraged to call the Student Health Center at (317) 955-6154 to discuss how to proceed. Students will be screened for symptoms and the possibility of exposure and scheduled at the Student Health Center accordingly. COVID-19 tests will be administered by the Student Health Center as needed. Students are strongly discouraged from having a COVID-19 test at an off-campus location, due to the difference in testing effectiveness. Students who are unable to be tested on-campus should contact the Student Health Center to determine the best kind of test to obtain.

Faculty and staff (vaccinated AND unvaccinated) experiencing symptoms of COVID-19, or who reasonably believe they may have been exposed to someone with COVID-19, should contact their health provider for an assessment and care plan. If a test is recommended, faculty, and staff are encouraged to have the test taken at either their healthcare provider or by appointment at Urgent Care Indy at 7911 Michigan Road, Indianapolis, Indiana 46268, (317) 960-3278. This will provide the quickest and most accurate test results.

*On the MUAC campus:*

#### Student Health Center

The Student Health Center provides services to students only. Services can be provided only by appointment. An appointment can be made at (574) 935-1775.

Students (vaccinated AND unvaccinated) who are experiencing symptoms of COVID-19, or who reasonably believe they have been exposed to someone with COVID-19 are encouraged to call the Student Health Center at (574) 935-1775 to discuss how to proceed. Students will be screened for symptoms and the possibility of exposure and scheduled at the Student Health Center accordingly. COVID-19 tests will be administered by the Student Health Center as needed. Testing needs outside of the hours of operation of the Student Health Center can be met by appointment at LifePlex Urgent Care, at 2855 Miller Drive #119, Plymouth, IN 46563, (574) 941-1000. Students are strongly discouraged from having a COVID-19 test at other off-campus locations, due to the difference in testing effectiveness. Students who are unable to be tested on-campus should contact the Student Health Center to determine the best kind of test to obtain.

Faculty and staff (vaccinated AND unvaccinated) experiencing symptoms of COVID-19, or who reasonably believe they may have been exposed to someone with COVID-19, should contact their health provider for an assessment and care plan. If a test is recommended, faculty, and staff are encouraged to have the test taken at either their healthcare provider or by appointment at LifePlex Urgent Care, at 2855 Miller Drive #119, Plymouth, IN 46563, (574) 941-1000. This will provide the quickest and most accurate test results.

*At Nashville and Oklahoma City:*

Students (vaccinated AND unvaccinated) who are experiencing symptoms of COVID-19, or who reasonably believe they have been exposed to someone with COVID-19 are encouraged to call the Indianapolis Student Health Center at (317) 955-6154 to discuss how to proceed.

Faculty and staff (vaccinated AND unvaccinated) experiencing symptoms of COVID-19, or who reasonably believe they may have been exposed to someone with COVID-19, should contact their health provider for an assessment and care plan.

### Isolation and Quarantine

*Quarantine* is the separation of students, faculty, and staff from the larger community who may experience no COVID-19 symptoms, but who have reason to believe they have been exposed to the virus. Because symptoms of COVID-19 may appear 2-14 days after exposure, and because asymptomatic persons may still spread the virus, quarantine is an important tool to stop the community spread of the virus.

*Isolation* is the separation of students, faculty, and staff from the larger community if they experience symptoms of COVID-19 or have a positive test result. Isolation is required until the illness has run its course or the danger of spreading the virus has ended, as determined by a health professional.

### Students:

#### 1. Fully Vaccinated Students--

A student experiencing symptoms of COVID-19, or who reasonably believes he/she has been exposed to coronavirus should contact the Student Health Center as soon as possible at (317) 955-6154 in Indianapolis, 86<sup>th</sup> Street, Nashville or Oklahoma City or at (574) 935-1775 at MUAC. Based on a medical evaluation, the student may be tested, and/or may be required to quarantine or isolate.

### *Quarantine*

In most cases, **a vaccinated student will NOT be required to quarantine unless they have symptoms.** They can get tested 5-7 days after exposure, even if they don't have symptoms. They also will be required to wear a mask indoors in public areas for 10 days following exposure or until their test result is negative.

### *Isolation*

If a vaccinated student is experiencing symptoms or tests positive for COVID-19, they must isolate for 10-14 days, until their symptoms diminish or disappear or they have a negative test result.

If a vaccinated student tests positive but does not have symptoms of COVID-19, under certain limited circumstances, they may be able to be released from isolation earlier:

- If you live in a setting where you have your own bedroom and bathroom, you can be released from isolation and resume normal activities 5 days after exposure/positive test (on Day 6) if you wear an N95 mask or the equivalent (provided by the Student Health Center) for 5 days (through Day 10) at all times you are in a public space (including during all academic and athletic activities);

- If you do not live in a setting where you have your own bedroom and bathroom, you can be tested 5 days after exposure (on Day 6) and if your test is negative you can be released from isolation and resume normal activities if you wear an N95 mask or the equivalent (provided by the Student Health Center) for 5 days (through Day 10) at all times you are in a public space (including during all academic and athletic activities). If your test is positive, you must remain in isolation;
- The Student Health Center can adjust these requirements as needed to address specific medical situations. Only the Student Health Center can release a student from isolation.

## 2. Unvaccinated Students--

### *Quarantine*

Unvaccinated students who are exposed to someone with COVID-19 normally will be required to quarantine for 10 days, depending on the specific circumstances as determined by the Student Health Center in Indianapolis (for the Indianapolis campus, 86<sup>th</sup> Street, Nashville and Oklahoma City) or the Student Health Center at MUAC.

However, if you are unvaccinated and have no symptoms of COVID-19, and have been exposed/are identified as a close contact of a COVID-19+ person, you can be released from quarantine and resume normal activities 5 days after exposure (on Day 6) if you are tested in the Student Health Center and your test results are negative. If your test is positive, you must isolate.

### *Isolation*

If you have symptoms of COVID-19 or test positive, you must isolate for 10-14 days, until your symptoms diminish or disappear or you have a negative test result.

If you do not have symptoms of COVID-19, under certain limited circumstances, you may be able to be released from isolation earlier:

- If you live in a setting where you have your own bedroom and bathroom, you can be released from isolation and resume normal activities 5 days after exposure/positive test (on Day 6) if you wear an N95 mask or the equivalent (provided by the Student Health Center) for 5 days (through Day 10) at all times you are in a public space (including during all academic and athletic activities);
- If you do not live in a setting where you have your own bedroom and bathroom, you can be tested 5 days after exposure (on Day 6) and if your test is negative you can be released from isolation and resume normal activities if you wear an N95 mask or the equivalent (provided by the Student Health Center) for 5 days (through Day 10) at all times you are in a public space (including during all academic and athletic activities). If your test is positive, you must remain in isolation;
- The Student Health Center can adjust these requirements as needed to address specific medical situations. Only the Student Health Center can release a student from isolation.

### Process for Quarantine or Isolation

If a student needs to quarantine or isolate, the Office of Student Engagement will notify their faculty, coaches, and others about their absence, and will arrange food delivery and other

support services for residential students. Students should coordinate with their faculty to continue participation in academic activities.

Residential students in quarantine will typically remain in their residential space, and will be required to stay in that space during the quarantine period. Residential students may choose to quarantine at their parent's home, but must notify the Office of Residential Life of that decision before leaving campus. Non-resident students will be asked to quarantine at home. Students may not return to regular activities until released by the Student Health Center. **Only the campus' Student Health Center may release a student from quarantine.** Any student breaking quarantine before being released may be subject to student conduct sanctions.

Residential students in isolation will typically be moved to an isolation room, and will be required to stay in that space during the isolation period. Isolation will usually last 5-10 days, depending on the circumstances and the person's symptoms and medical condition. Residential students may choose to isolate at their parent's home, but must notify the Office of Residential Life before leaving campus. Non-resident students will be asked to isolate at home. **Only the campus' Student Health Center may release a student from isolation.** Student-athletes may require additional assessment and testing before being allowed to resume normal athletic activities. Any student breaking isolation before being released may be subject to student conduct sanctions.

Students in isolation or quarantined will be monitored by the applicable campus Student Health Center and Student Services staff, and may reach out for assistance at any time by calling the COVID phone at 317- 389-7279 in Indianapolis or (574) 935-1775 at MUAC.

Students in quarantine or isolation are required to cooperate fully with contact tracing, as described below. Any student failing to fully cooperate with contact tracing in a timely manner may be subject to student conduct sanctions.

#### Faculty and Staff:

Faculty and staff must notify their supervisor if they must quarantine or isolate, based on the advice of their medical professional. The supervisor and the employee will determine the best plan to continue the employee's work. The supervisor will notify the Office of Human Resources, which will take appropriate steps to sanitize work spaces as needed and initiate contact tracing.

#### *Quarantine*

Faculty and staff who are vaccinated and have no symptoms of COVID-19, and are identified as a close contact of a COVID-19+ person do not need to quarantine, but do need to wear a well-fitting mask at all times you are in a public space for 10 days after exposure. If you choose, you may get tested 5-7 days after exposure. If your test is negative, you can resume normal activities without the mask requirement.

Faculty and staff who are unvaccinated and have no symptoms of COVID-19, and are identified as a close contact of a COVID-19+ person must quarantine for 10 days after exposure.



However, you can be released from quarantine and resume normal activities 5 days after exposure (on Day 6) if you are tested and your test results are negative. If your test is positive, you must isolate.

If you are vaccinated or unvaccinated and develop COVID-19 symptoms during your quarantine, you will need to isolate.

### *Isolation*

Faculty or staff who experience symptoms of COVID-19 and/or test positive will be expected to isolate at home for 10-14 days, until your symptoms diminish or disappear or you have a negative test result.

If you do not have symptoms of COVID-19, under certain limited circumstances, you may be able to be released from isolation and resume normal activities 5 days after exposure/positive test (on Day 6) if you wear an N95 mask or the equivalent for 5 days (through Day 10) at all times you are in a public space.

Faculty and staff health providers can adjust these requirements as needed to address specific medical situations.

Faculty and staff who experience symptoms of COVID-19 after testing positive may not return to campus for at least 10 days or until they are advised to do so by their health professional.

### Contact Tracing

Marian University has designated an employee, Nikki Jo McCrady, to do contact tracing for all Marian University students, faculty, and staff for their on-campus activities and interactions. Once a notification of COVID-19 symptoms or exposure resulting in isolation is received for a student from the campus' Student Health Center, or from faculty and staff to their supervisor (and through them to HR), contact tracing will commence. Based on the information provided by the person ill with or exposed to COVID-19, Ms. McCrady will reach out to anyone (typically by text or email) who was in contact on campus with the isolated person for more than 15 minutes without wearing a mask or physically distancing.<sup>1</sup> These persons are considered "close contacts" and may be asked to quarantine or isolate, depending on the circumstances.

For students, the campus' Student Health Center will follow up to evaluate the risk level for the close contact and will determine whether testing is warranted and whether to quarantine or isolate them. For faculty and staff, "close contacts" will be asked to quarantine at home and consult their medical professional for testing or monitoring of symptoms.

Vaccinated students, faculty and staff who are close contacts will not typically be asked to quarantine or isolate unless they are experiencing symptoms of COVID-19. Proof of vaccination will be required.

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<sup>1</sup> Marian University uses a slightly different criteria for defining a "close contact" than the Indiana State Department of Health. Our definition is based on consultation with our medical advisory board and our experience in the 2020-21 academic years, and is appropriate to our specific community settings.

Students, faculty and staff who have tested positive for COVID-19 within the previous 90 days will typically not be required to isolate or quarantine unless unique circumstances warrant such action. Proof of a positive test result will be required to determine if a “close contact” has tested positive within the 90-day time period.

Only “close contacts” will be contacted as a consequence of a student, faculty or staff member being quarantined or isolated. Other students, faculty or staff who may have been in contact with the COVID positive or exposed person, but who do not meet the definition of a “close contact” will not be informed or contacted, and should continue their normal activities.

Students, faculty and staff are expected to fully cooperate in a timely manner with Ms. McCrady for purposes of contact tracing. Your cooperation helps keep our community safe. Failure to appropriately cooperate with Ms. McCrady may result in student conduct sanctions for students or disciplinary actions for faculty and staff.

Ms. McCrady works collaboratively with the local health departments, so additional contact tracing may be done for students, faculty and staff in the county where they live or work regarding their off-campus activities and interactions. Students, faculty and staff in Indiana also may be contact traced the Indiana State Department of Health. Students, faculty and staff are encouraged to cooperate fully with county or state contact tracers.

Contacts must be released from their quarantine or isolation by the campus’ Student Health Center for students, or by the Office of Human Resources for faculty and staff (a letter from their health professional may be required for faculty or staff in certain circumstances).

### Counseling

Understandably, the global public health crisis is taking an emotional toll on all of us. Please know that your Marian campus community is here to help and support you, and Counseling and Consultation services are available virtually to all students. Call (317) 955-6150 or email [ccs@marian.edu](mailto:ccs@marian.edu) to schedule an appointment. Faculty and staff may use appropriate Employee Assistance Program resources. Contact the Office of Human Resources for more information.

### Student Accommodations

Students with documented disabilities should reach out directly to the Office of Academic Support Services to discuss questions related to their accommodations.

### Employee Accommodations

Employees with documented disabilities, childcare issues or other unique circumstances should discuss accommodations and work plans with their supervisor and/or vice president, and with the Office of Human Resources.

### Reporting

Marian University will maintain the confidentiality of students, faculty, and staff impacted by COVID-19 to the extent possible, and will share personal health information only to the extent necessary to implement safety procedures to protect the community.

Marian will comply with all requirements of the Marion County, Marshall County and Indiana state health departments to report COVID-19 cases.

Marian shares statistics related to reported vaccinations, positive COVID-19 tests, and the number of students, faculty and staff in isolation or quarantine on a weekly basis through the Campus Shield app, and will post these statistics on the Marian University website every week.

### **Resources**

As the COVID-19 situation is fluid and constantly evolving, at both national and local levels, Marian University is providing the following resources to evaluate the most current updates and recommendations.

- [CDC](#)
- [Indiana Department of Health](#)

Marian University is committed to the health and well-being of the students, staff, and faculty and is taking steps to contain the virus and keep our community healthy. Marian University will continue to monitor the COVID-19 situation and will update our students, faculty, and staff as needed. We will share regular updates in the Knight Care emails, and post updates for the Marian University community on the website at [marian.edu/knightcare](http://marian.edu/knightcare).

**THANK YOU for working together to keep our community  
safe and healthy in 2022!**